

# GET A SECOND OPINION FROM AN EXPERT SPECIALIST



## Feel confident about your medical decisions

As part of your company benefits, you can get an expert second opinion from a leading specialist at **no additional cost to you**. Connect directly with experts by video from the comfort of your home. Ask questions, get answers and feel empowered to make the best healthcare decisions.

### Our specialists can help you:

- ✓ Confirm a new or existing diagnosis
- ✓ Explore other treatment plans and medications
- ✓ Understand if a recommended surgery is right for you

### We have a wide network of expert doctors across hundreds of subspecialties and thousands of conditions, including:

- Muscle, joint and bone
- Cancer
- Heart disease and stroke
- Digestive/GI
- Autoimmune
- Women's health
- Men's health
- Pediatric medicine
- Mental Health
- Brain and nervous system
- Ear, nose and throat
- And many more

## HOW IT WORKS

1 **ACTIVATE YOUR ACCOUNT AND REQUEST A CONSULT**  
Call **1.866.841.2575**  
Visit **2nd.MD/wellbeing**



Scan to get started

2 **SPEAK WITH A NURSE**

Talk to one of our experienced, compassionate nurses to see if a second opinion is right for you. We'll handle the rest, including gathering your medical records, finding the right specialist and setting up the video consultation.

3 **CONSULT WITH A LEADING SPECIALIST**

Get personalized advice about your diagnosis and treatment plan from a specialist in your condition. Video consultations are available when it's convenient for you, including nights and weekends!

### Who is eligible?

Your company provides access to 2nd.MD services at no additional cost to you and your eligible dependents enrolled in an Aetna medical plan.

**96%** of 2nd.MD users would recommend 2nd.MD to a family member or friend.\*

CALL 911 IMMEDIATELY IF YOU ARE HAVING A MEDICAL EMERGENCY. 2nd.MD is not an emergency service. 2nd.MD is an independent resource to support you in receiving information from Expert Medical Specialists. 2nd.MD does not practice medicine or provide patient care and is independent from the Specialists providing the expert medical consultations.

\*2nd.MD's book of business statistics 2023

©2nd.MD. All rights reserved. 2nd.MD and the 2nd.MD logo are registered trademarks of 2nd.MD and may not be used without written permission. 2nd.MD and 2nd.MD nurses and physicians are independent contractors and are neither agents nor employees of Aetna or plans administered by Aetna. For a complete description of 2nd.MD services, visit 2nd.md/aetna. Member name and other details have been omitted or fictionalized to protect the member's identity. Aetna is the brand name used for products and services provided by one or more of the Aetna group of companies, including Aetna Life Insurance Company and its affiliates (Aetna).

Copyright 2024. All rights reserved. 23-358c